

Best Foot Forward

Walks are FREE and everyone is welcome!

Mondays

Bestwood Walk

A walk offering a variety of routes around the Bestwood area. All the walks are in the Green Flag areas of Bestwood including some in Southglade Park.

Meeting place: Southglade Access Centre, Southglade Road, Bestwood Estate at 1.15pm

Grade: Easy to moderate

Walk length: 1 and 3 miles

Duration: 40-60 minutes

Terrain: Relatively flat

Woodthorpe Grange Park Walk

The Grange is a 19th century Grade II listed manor which sits amidst a mix of landscapes and includes formal gardens. There is also an innovative train sculpture and 'sunken garden' with water feature.

Meeting place: Sherwood Community Centre on Mansfield Road at 10.30am

Grade: Easy to moderate

Walk length: 1.5 - 2 miles

Duration: 60 minutes

Terrain: Varied inclines and some steep steps

Tuesdays

Wollaton Park and Martin's Pond Walk

Varied walks around Wollaton Park or Martin's Pond. Both routes provide interesting sights and wildlife to observe. We often feed the ducks!

Meeting place: The Wheelhouse Pub, Russell Drive, at 10am

Grade: Easy to moderate

Walk length: 1.5 - 3 miles

Duration: 60 minutes

Terrain: Wollaton Park is hilly, Martin's Pond is flat

The Park & Lenton Walk

The Park is one of the most remarkable Victorian residential estates in the country and is an area of national architectural importance as well as a conservation area.

Meeting place: Nottingham Castle Entrance at 10.30am

Grade: Moderate

Walk length: 1.5 - 2 miles (can be extended)

Duration: 60 minutes

Terrain: Some steep inclines and steps

Nuthall Railway Walk

Part of the old Great Northern Line, this is a new footpath which passes fields of barley, rape seed and corn. Stop halfway for a coffee at Three Ponds Pub at Nuthall.

Meeting place: Snapewood Community Centre at 10.30am

Grade: Moderate

Walk length: 3 miles

Duration: 2 hours with a stop

Terrain: Includes a walk through fields or woods if it is dry



Wednesdays

St. Ann's & Sneinton Walk

A walk along the boundaries, passing through Victoria Park Conservation Area, King Edward Park and Stonebridge City Farm.

Meeting place: Victoria Swimming Baths, Bath Street at 10.30am

Grade: Easy to moderate

Walk length: 1 and 2 miles

Duration: 40 minutes

Terrain: Mostly flat

Strelley Woodland & Countryside Walk

Taking in the stones of Monks Way, Strelley Hall and All Saints Church. A path through Oldmoor Wood takes us into open fields, before continuing up Catstone Hill to the underground reservoir.

Meeting place: Broad Oak Public House, Strelley Village at 10am

Grade: Moderate to hard

Walk length: 4 miles

Duration: 90 minutes

Terrain: Open fields and hilly at times

This walk runs on the 1st Weds of each month

Thursdays

Mary Potter Walk

A varied walk around "The Forest" following established pathways, with extensive views of the City from lovely wooded areas.

Meeting place: Inside Mary Potter Health Centre (North entrance), Gregory Boulevard at 10.30am

Grade: Easy to moderate

Walk length: 1.5 and 3 miles

Duration: 40 - 90 minutes

Terrain: Wooded areas



Fridays

Wollaton Park Walk

A number of pleasant walking routes in Wollaton Park, with its 16th Century Hall, lake and deer park.

Meeting place: Wollaton Park, first car park, Wollaton Road entrance at 10am

Grade: Easy to moderate

Walk length: 1.5 and 3 miles

Duration: 60 minutes

Terrain: Gentle incline at times

Victoria Embankment Walk

This is a steady walk along the beautiful tree lined Victoria Embankment and gardens. Refreshments available.

Meeting place: The gate entrance of Trent Bridge, London Road at 10.30am

Grade: Easy

Walk length: 2 and 3 miles

Duration: 60 - 90 minutes

Terrain: Flat

Old Basford Walk

A flat walk with benches at intervals. Lots of interesting wildlife can be found along the way.

Meeting place: The Garage on Mill Street at 10.30am. We park our cars at The Mill on Bagnall Road and return there for refreshments after.

Grade: Easy

Walk length: 2 miles

Duration: 40 - 60 minutes

Terrain: Flat

For further information, please contact

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